



# FINANCIAL FITNESS LEARNING CENTER

LORBERBAUM LIBERAL ARTS • ROOM 103



## WHO WE ARE

MONDAY-THURSDAY  
8:00 A.M. - 5:30 P.M.

The Financial Fitness Learning Center consists of staff and Peer Financial Fitness Coaches who engage students in financial wellness education and planning to prepare them with a solid foundation for remaining in college and a life-time of responsible financial decision-making. Whether students are looking to move out on their own, build credit, save money, or learn about student loans, we have it covered.

Our financial education efforts work in tandem with curriculum provided by the National Financial Educators Council. Our professional staff are Certified Financial Education Instructors.



## AT A GLANCE

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One-On-One Individualized  
Student Appointments

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Reservable Presentations and  
Workshops

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Online, Module-Based  
Curriculum

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Campus-Wide Financial  
Literacy Events

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Additional Resources Available  
in the Learning Center

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# FOR STUDENTS

## One-On-One Appointments

Individualized, one-on-one appointments with Peer Financial Fitness Coaches can be adapted to individual student interests and needs. A list of available topics can be found on page 3. Sign-up for an appointment at [tinyurl.com/DSCFinancialFitness](https://tinyurl.com/DSCFinancialFitness)

## Financial Fitness Online

Get your free, life-time license for learn-at-your-own-pace modules that can be accessed at anytime. To sign up, visit: [tinyurl.com/DSCFinancial](https://tinyurl.com/DSCFinancial) and enter registration code s6eC-MmKT-ewfv-fM54-1wBn

## Individual Consultation

Interested in our services but you would like to talk with someone about the resources that may best fit your needs? Someone will reach out shortly after you complete an interest form at [tinyurl.com/DSCFinancialInterest](https://tinyurl.com/DSCFinancialInterest)

## Learn More

Learn more about upcoming events, workshops, and additional offerings by visiting our website at [tinyurl.com/DSCPeereducation](https://tinyurl.com/DSCPeereducation)



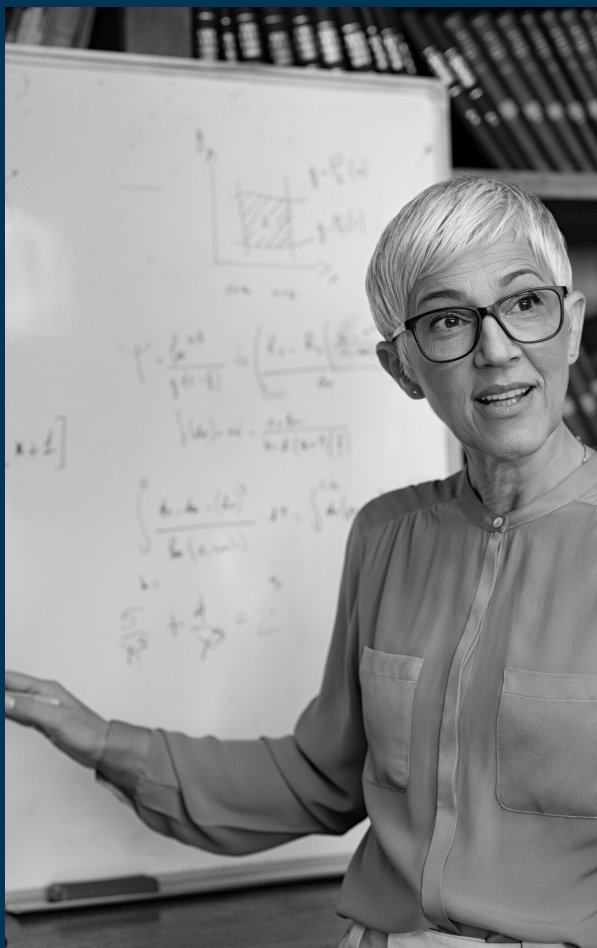
# FOR FACULTY AND STAFF

## RESOURCES

- Classroom/Student Organization Presentations
  - Financial Fitness Resources (15 Minutes)
  - Financial Education Content (30 Minutes or 1 Hour)
- Assign Online, Module-Based Personal Finance Education
- Assign Financial Fitness Learning Center Student Visits
- Assign Student One-On-One Sessions for Available Content Topics.

## CONTACT US

- Interested In Any of These Options?
  - Someone will contact you shortly after completing an interest form at [tinyurl.com/FFLCInterestForm](https://tinyurl.com/FFLCInterestForm)
- Want to Refer a Student for our Services?
  - Simply complete a referral form, and we will do the rest. Complete the form at [tinyurl.com/FFLCReferral](https://tinyurl.com/FFLCReferral)
- Contact the Financial Fitness Learning Center Specialist
  - Sammi Carter: [scarter10@daltonstate.edu](mailto:scarter10@daltonstate.edu) or 706-272-2583



# FINANCIAL EDUCATION OFFERINGS

## BY TOPIC

- FIN 001** Access Your Credit Report
- FIN 002** Addressing Problems with Your Credit
- FIN 003** Aligning Your Passion with Income Sources
- FIN 004** All About Annuities
- FIN 005** Analyzing Your Budget and Addressing Gaps
- FIN 006** Assessing Your Net Worth
- FIN 007** Automobile Financing - Loan & Lease Options
- FIN 008** Banking Essentials & Management
- FIN 009** Benefits & Consequences of Credit
- FIN 010** Budgeting Fundamentals
- FIN 011** Building A Trusted Team
- FIN 012** Choosing Where to Bank
- FIN 013** Create Your Budget and Automate
- FIN 014** Credit Profile Basics
- FIN 015** Debit Cards Vs. Credit Cards
- FIN 016** Disaster Preparation
- FIN 017** Education Budgeting
- FIN 018** Education Choices & Benefits
- FIN 019** Education Cost-benefit Analysis
- FIN 020** Employer-Sponsored Retirement Plans
- FIN 021** Estate Planning
- FIN 022** Evaluating Your Income & Skills
- FIN 023** Funding Your Education
- FIN 024** Homeownership Budgeting
- FIN 025** How Insurance Helps Reduce Risk
- FIN 026** How People Participate in the Stock Market
- FIN 027** How the Stock Market Works
- FIN 028** How to Pay Off Debt
- FIN 029** Identifying & Reducing Your Expenses
- FIN 030** Identifying Your Future Needs
- FIN 031** Identity Theft Protection
- FIN 032** Income Diversification & Multiple Income Streams
- FIN 033** Investing in Bonds
- FIN 034** investment Basics
- FIN 035** Investment Preparation
- FIN 036** Investment Risk
- FIN 037** Investment Tax
- FIN 038** Loan Qualification
- FIN 039** Major Expenses- Automobile
- FIN 040** Minimizing Income Security Threats
- FIN 041** Paying Off Student Loans
- FIN 042** Personal Retirement Plans
- FIN 043** Prepare for & Identify Income Opportunities
- FIN 044** Qualifying for a Home Loan
- FIN 045** Real Estate: Risks & Rewards
- FIN 046** Renting a Home
- FIN 047** Risk of Debt
- FIN 048** Selecting Insurance & Managing Policies
- FIN 049** Setting Savings Goals & Creating a Plan
- FIN 050** The Stock Market: Types of Strategies
- FIN 051** Types of Insurance & Which to Consider
- FIN 052** Types of Investments and Risk Tolerance
- FIN 053** Understanding Compounding Interest
- FIN 054** Understanding Your Credit Profile
- FIN 055** What Are My Risks & How do I Manage Them?
- FIN 056** Why People Invest
- FIN 057** Consumption Tax
- FIN 058** Credit Cards 101
- FIN 059** How Financial Behaviors & Attitudes Form
- FIN 060** Identifying Your Financial Behaviors
- FIN 061** Income Tax
- FIN 062** Inflation: Understanding & Planning
- FIN 063** Introduction to Taxes
- FIN 064** Loan Fundamentals
- FIN 065** Major Expenses - Renting a Home
- FIN 066** Molding Positive Financial Behaviors
- FIN 067** Needs, Emotions, Money, & the Connection
- FIN 068** Prioritizing Expenses & Opportunity Cost
- FIN 069** Turning Dreams Into Goals & Plans
- FIN 070** Types of Debt
- FIN 071** Moving Out & Living On Your Own
- FIN 072** Car Buying
- FIN 073** Higher Education Financial Planning
- FIN 074** Setting Up Essential Accounts
- FIN 075** Repaying Student Loan Debt
- FIN 076** Debt Elimination
- FIN 077** Building Your Credit Rating
- FIN 078** Building Your Financial Foundation 101
- FIN 079** Home Ownership
- FIN FIT** General Meeting

FOR A LIST OF TOPIC DESCRIPTIONS, PLEASE  
VISIT [TINYUSL.COM/FFLCTOPICS](https://tinyusl.com/fflctopics)